

# Inclusion & Safeguarding bulletin

Edison primary School

Issue December 2024-2025



1.



## Fostering Inclusion at Edison

At Edison Primary, we take great pride in creating a welcoming and inclusive environment for every child. This Christmas season, our efforts have centred on fostering a sense of belonging and celebration for all. Through various assemblies and art workshop with parents, we have explored the diverse ways Christmas is celebrated across cultures, as well as highlighting other festivals and traditions observed during this time of year. Our Picture News-led assemblies encouraged pupils to share their unique perspectives and experiences, promoting understanding and mutual respect.



2.

## Inclusive Christmas

### Navigating the Holidays: Tips for Individuals on the Autism Spectrum

The holiday season, while joyful for many, can bring unique challenges for individuals on the autism spectrum. Sensory overload from decorations, loud noises, and crowds can be overwhelming. Social expectations and the pressure to conform can also create anxiety.

- To help navigate these challenges, remember that:
- It's okay to say "no": You don't have to participate in every activity.
  - Take time for yourself: Find quiet spaces to recharge and de-stress.
  - Stick to your routine: Maintain familiar routines as much as possible for comfort and predictability.
  - Be kind to yourself: It's okay to prioritize your well-being during this time.
  - Acknowledge that sensory overload is real: Noise, lights, and social interactions can be challenging.
  - Remember that the holiday season is temporary: Routines and normalcy will return soon.

If you or someone you know is struggling during the holidays, remember to reach out for support.



The Hounslow Local Offer provides essential information and support for families of children and young people with Special Educational Needs and Disabilities (SEND). It outlines local educational, health, and social care services, making it easier for families to access necessary support. A key feature is the provision of short breaks, which allow children with SEND to participate in enjoyable activities outside their home while giving parents much-needed respite. These breaks, including after-school clubs and holiday schemes, help enhance social skills and promote independence. For more details on available short breaks and services, families can visit the Hounslow Local Offer website.

# 5. Safeguarding and child protection



Keeping children safe is a priority at Edison Primary, and this extends to their time at home. With the holidays approaching and increased screen time likely, it's essential to reinforce online safety. Here are our top tips for keeping children safe online this Christmas:

1. **Set Boundaries:** Agree on screen time limits and ensure devices are used in shared spaces where possible.
2. **Parental Controls:** Enable parental controls on devices, games, and apps to limit access to inappropriate content.
3. **Stay Informed:** Familiarise yourself with the games and apps your child uses. Platforms like Common Sense Media can help you understand their content and suitability.
4. **Open Communication:** Talk to your children about online safety, including the importance of not sharing personal information and recognising potential online dangers.
5. **Encourage Breaks:** Promote offline activities such as board games, crafts, and outdoor play to balance screen time.
6. **Monitor Online Behaviour:** Regularly check in with your child about their online interactions and ensure they feel comfortable reporting anything concerning.
7. **Use Trusted Websites:** Teach children to identify secure websites and avoid clicking on suspicious links or ads.
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Let's work together to ensure that children have a safe and happy holiday season, both online and offline.



Mrs Valentin  
Headteacher, DSL



Mrs Rupra  
Deputy Headteacher, DSL



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Assistant Headteacher, DSL



## A Final Thank You



As we approach the end of the term, we'd like to express our gratitude to the entire Edison community for your support in making our school a better, more inclusive place. Thank you.

- Mrs Dev, Assistant Headteacher & Inclusion Leader, DSL, Mental Health Lead

